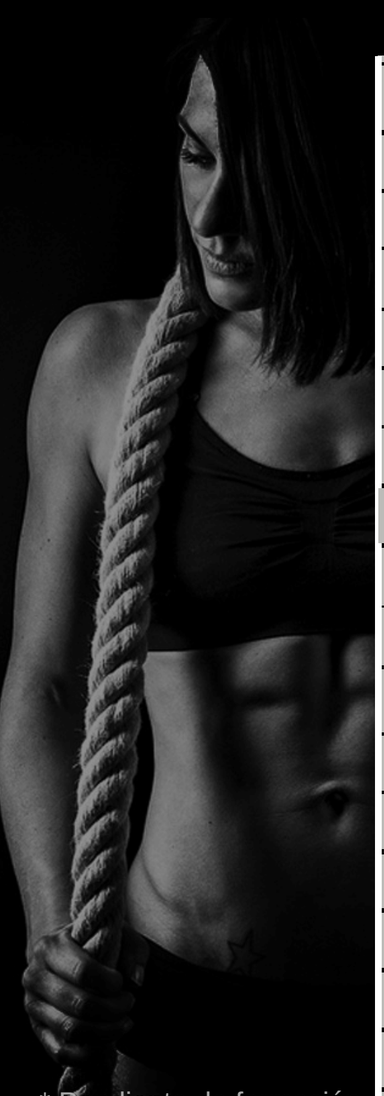
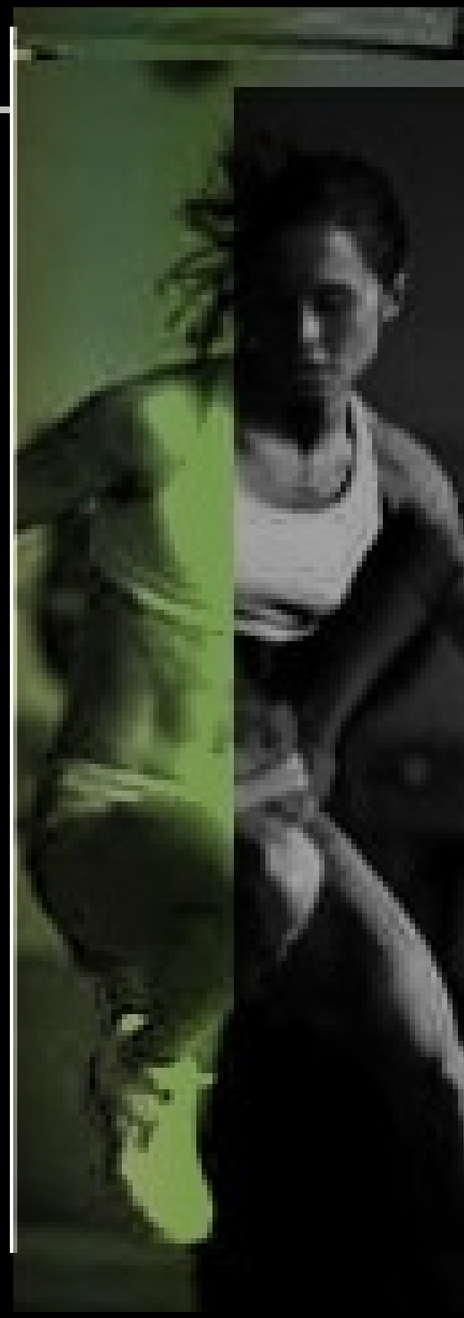
Horarios Rosales Training



RTR	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
10:00					
9:30		RTPilates	RTCore-movilidad	RTCore-movilidad	
9:30					RTCore-movilidad
10:00	RTCore-movilidad	RTFull-Training		RTPilates	
10:30		RT Fuerza-Salud			RTFull-Training
14:15	RTFull-Training		RTFull-Training		
14:30					
17:00	RT Suspension TRX		RT Suspension TRX		RT Suspension TRX
18:00	RTCore-movilidad		RTCore-movilidad		RTCore-movilidad
18:30		RTFull-Training		RTCore-movilidad	
19:00	RTFull-Training		RTFull-Training		RTFull-Training
19:30		RTFull-Training	RT OCR Training 19.00		
19:30				RTFull-Training	
20:00	RTFull-Training		RTFull-Training		
20:15					
20:30					
20:30		RTCore-movilidad		RTCore-movilidad	
20:30					

* Pendiente de formación de grupos



ROSALES TRAINING